



Safe Return to Play PLAYER GUIDELINES

The Sport & Social Club (SSC) is committed to the highest levels of safety for our community of players.

In order to play with SSC and stay in good standing, the following guidelines MUST be followed for the protection of us all.

Government and public health authorities may issue stronger public health orders and guidelines which will override these guidelines.

Before you Play



Players must practice good hygiene. Wash your hands with soap & water and/or hand sanitizer before, during and after game play. Do not touch your eyes, nose or mouth with unwashed hands.



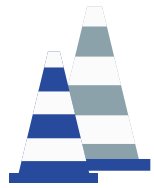
You must complete the game-day COVID-19 Self Screening before attending any Sport & Social Club activities.



Players, spectators and SSC league representatives must follow provincial mask mandates and/or facility-level mask protocols when attending SSC activities.



Spectators are permitted at certain facilities. Please check with the on-site SSC representative ahead of bringing spectators. If you play at a gym with no representative, please contact Customer Service.



Captains / Team Safety Ambassadors will meet at a 2-meter distance before the start of each game to discuss and ensure all COVID-19 safety requirements are being met.



Provincial Health Orders and/or facility regulations regarding proof of vaccination status must be followed by all players.

Preparing to Play

As always, all players must adhere to the Sport & Social Club policies.

Players should arrive no more than 10 minutes before you game starts and leave immediately after the game is over.

Do not enter a playing space until the game before yours has cleared the area OR until the SSC Game Coordinator has signaled for your team to enter.

All participants and League Representatives are required to complete the SSC COVID-19 Screening Tool before attending an SSC activity (every time).

Physical touch like handshaking, high fives, fist/elbow bumps and huddles are not permitted.

Players from the same household "bubble" must still maintain physical distancing rules applied to their sport.

All teams must limit shared equipment and ensure sanitization between use. Refer to the sport-specific league rules for more details.

Sport-Specific Rules

Review your specific sport rules for any COVID-19 accommodations that relate to your sport!



Team Bench

Captains / Team Safety Ambassadors are required to keep a list of all players who attend each game so they can be traced and notified of exposure if required.



Players must cover their mouth and nose when coughing or sneezing. Put all garbage in bins. At the end of the game, leave absolutely nothing on-site.

Do not eat at game locations. Do not share water bottles.



COVID-19 Release

All players must have signed the updated waiver (including COVID-19 Release) before the first game.

Players under the age of 19, are not permitted to play.

VISIT OUR WEBSITE FOR MORE INFORMATION

